# The Nitrogen Working Group of SIMAP





July 17th, 2023 Webinar

Co-facilitated by the University of Virginia and the University of New Hampshire





# Agenda

- Introductions
- Nitrogen overview
- Benefits of tracking N at an institution
- How to track N in SIMAP
- Institution case studies:
  - Brown University
  - University at Albany
  - Colorado State University
  - University of Virginia
- General Q&A







# **Presenters**



Libby Dukes



Jim Galloway



Mary Ellen Malia



Derek Wiestma



Alley Leach



Stacey Baumgarn



Andrew DiSanto

# Using SIMAP to Determine Nitrogen Footprint of your Institution

# SUSTAINABILITY INDICATOR MANAGEMENT & ANALYSIS PLATFORM





# Why Care About Nitrogen

- Tracking and reducing the carbon footprint is now standard
- The nitrogen footprint is relatively new, but it captures different environmental impacts: Smog, acid rain, dead zones, climate change, stratospheric ozone depletion, and more.
- <u>The nitrogen footprint may also soon be a standard</u> <u>credit in **AASHE STARS**</u>



NOx



# What is a Nitrogen Footprint?

- When energy and food resources are consumed, nitrogen compounds are released to the environment.
  - **Fossil fuel combustion** releases nitrogen oxides (contributing to smog and air pollution).
  - Food consumption (and associated food production) release ammonia (contributing to dead zones), nitrous oxide (contributing to climate change and stratospheric ozone loss), and a variety of other N compounds.
- The N footprint is an estimate of how much N pollution is generated by an entity's (person, institution, community) use of energy and food resources.

# How is it calculated?

- There are two key components to tracking the N footprint—energy use, and food consumption.
- The energy component is easy as it is the same input data as for the carbon footprint.
  - Nitrogen emission factors are used instead of carbon factors.
- **The food component** is more challenging but very doable.
  - It just requires information on the annual amount of different food products (e.g., vegetables, fruits, meats, dairy) purchased.
- Existing SIMAP calculators do the rest!

# **Benefits of Tracking your Nitrogen Footprint**

- 1. Additional indicator of environmental sustainability
- 2. Research, sustainability, and education focused goals
- 3. Overlaps with other initiatives, especially with food
- 4. Much of the data is already included with GHG footprint tracking

# **1. Additional Indicator of Environmental Sustainability**

- Food is 50% or more of an institution's nitrogen footprint, highlighting the importance of food
- Accounts for NOx emissions which is an air pollutant directly connected to local human health
- Local water and air quality are affected by NOx, ammonium, and organic N
- Nitrogen has both local and global impacts vs. carbon being primarily global
- Ability to connect human health impacts and other environmental justice initiatives



Castner et al., 2017

# 2. Research, sustainability, and education focused goals



#### Why colleges and universities?

- Institution-scale impacts
- Learning labs
- Overlap with existing sustainability initiatives
- Capacity for research





# 3. Overlap with other sustainability initiatives

- Carbon and Climate Commitments
- AASHE STARs Credit
- Buy Local
- Race to Zero Waste
- Real Food Challenge
- Menus of Change
- Food Recovery Challenge
- Broader N-Print community



Food Recovery Challenge







# 4. Overlap of data collection with GHG footprint

- 1. Much of the data collected for a **GHG footprint** is used in the N footprint calculation
- 2. Food data is the largest new piece of information needed
- **3. Wastewater and fertilizer** play larger roles in the N footprint than the C footprint
- **4. Energy consumption** is a larger factor for the C footprint but is not insignificant in the N footprint calculations

# How to track nitrogen in SIMAP



# How to track nitrogen in SIMAP

#### Enter your activity data:



footprint

# **Key categories to include**

# All relevant scope 1 and scope 2 sources PLUS:

Food

### Wastewater



# Tracking your wastewater footprint

- Volume of wastewater (e.g., gallons)
- Method of wastewater treatment (e.g., central: aerobic)



#### SIMAP has wastewater N footprint emissions factors built in

# **Tracking your food footprint**

- Weight of food by category
- Usually from purchase records
- Automated food categorization tool



#### SIMAP has food N footprint emissions factors built in



# **Results: SIMAP Food Report**



Spices Sugars Oils Coffee and tea Liquids Nuts Beans Potatoes Fruits Vegetables Grains Eggs Cheese Milk Fish Chicken Pork Beef

# Consistent trends across C & N footprints

This is a win-win for food footprint reduction scenarios

The trend holds for other environmental footprints (phosphorus, water)

5-15% of carbon footprints

>50% of nitrogen footprints

# **Results: SIMAP Results Tab**



All SIMAP reports have nitrogen footprint option

# **Carbon and nitrogen footprint**

#### **Carbon Footprint (MTCDE)**



#### Nitrogen footprint (MT N)



#### Categories (Higher Ed) graph view



- Brown University (Derek Wietsma)
- Univ. Albany (Mary Ellen Mallia)
- CSU (Stacey Baumgarn)
- UVA (Andrew DiSanto)

# **Reducing Nutrient Pollution @ Brown**

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### **Brown's Sustainability Approach**



**Areas of Focus** 







Curb Biodiversity Loss

### **A Focus on Nutrient Pollution Reduction**



#### **Areas of Focus**

BROWN UNIVERSITY

Strategic Sustainability Plan

Reduce Nutrient Pollution



235 29999

Safeguard Human Health



**Reduce Water Use and Impacts** 



**Curb Biodiversity Loss** 

# Brown committed to reducing nitrogen and phosphorus pollution 25% by 2025, and 50% by 2030







### ~85% of Brown's nutrient pollutants originate from food. Animal proteins are the largest contributors.



Lbs of Nitrogen per lb of food produced (source: SIMAP)



### **Brown's Reduction Strategy**



# Focus on animal protein. Purchase 25% less red meat by 2025 and 50% less by 2030\*





Communicate



Modify Dining

\* Relative to 2018 baseline





#### Pounds of Red Meat Purchased by Brown

# GE Dining Communications Campaign



Your dining choices can have a big effect on your carbon footprint.





# Consider eating plant-forward.

Three Ways To Lower Your Footprint (without going vegetarian or vegan)

- Start Small: Substitute one weekly beefbased meal with chicken.
- Go 50/50: Make half of your weekly meals plant based, and stick with chicken or fish for the other half of the week.
- Bump Up the Plants: Build your plate with plants, and use meat (chicken/fish) only as a garnish.

Beef produces 10x more greenhouse gas than poultry and 50x more than beans or tofu.



Climate change impacts everyone You can help.







# BDS and Bon Appetit working towards nutrient pollution reduction goals











About:

- Location: Albany, NY
- Part of the State of NY(SUNY) 64 campus system
- UAlbany is one of the four university research centers
- Size: 17,075 students (4,421 graduate, 12,654 undergraduate, 7,500 resident students)
- Footprint: Two university owned and operated campuses, over 500 acres, 2 dining halls, campus center food court and retail dining



UNIVERSITYATALBANY

State University of New York





State University of New York

# **UAlbany actions**

# **Completed:**

Calculated "average" nitrogen footprint

Created an ecosystem intern position who assists in nitrogen footprint outreach Incorporated info on nitrogen footprint to accompany any on carbon footprint

# To do:

- Begin tracking food
  - purchases annually
- Conduct outreach to
  - classes and student
  - groups
- □Establish reduction goals
- Have campus members calculate their N-footprint





#### COLORADO STATE UNIVERSITY



**Land Grant** Over **13 M** GSF

3 Campuses in Fort Collins, CO

Research Campuses across the state



NUMBERS & GOALS ---Carbon Neutral by 2040 ---100% Renewable Electricity by 2030 ---44 LEED Certified Bldgs.

**43** Solar Arrays



4x STARS Platinum

#### . . . . .

- CSU and the Nitrogen Footprint
  - 2014 CSU joins the Nitrogen Footprint Network
  - 2014-15 first Nitrogen inventory (FY14)
    - Led by Student Sustainability Center
    - Advised by Dr. Jill Baron
    - Using an Excel spreadsheet
  - 2019-22 N inventories (FY18-FY21)
    - Led by students in an ESS 440 senior seminar
    - Advised by Dr. Jill Baron
    - Using SIMAP
  - 2022-23 N inventory for FY23
    - Completed by Stacey Baumgarn



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# A Focus on Food Procurement

- CSU Dining Services utilizes the N-print summary data
  - CSU Dining Services is actively engaged to help reduce N impacts
- Total: 172 MT N
  - Food: 82 MT N
  - 48% of total footprint is food
  - 68% of food total is Beef, Chicken, Pork



Beans Beef Cheese Chicken Coffee and tea Eggs Fish Fruits Grains Liquids Milk Nuts Oils Pork Potatoes Spices Sugars Vegetables

# Nitrogen at the University of Virginia





• Location: Charlottesville, Virginia



• Footprint: All university activities (excluding athletics), 3 dining halls, retail dining, medical center (and cafeteria)

- Goals set by the Board of Visitors
- Funding from the Office of Sustainability (OfS) for running the Nitrogen Working Group each year
  - NWG group of paid student interns, faculty, and OfS staff in charge of calculating UVA's annual N footprint



- 25% Goal
  - Established in 2013, aim to reduce UVA's N footprint 25% from 2010 levels by 2025
  - Met in 2019
- 30% Goal
  - In 2019, goal updated to 30% reduction by 2030





**MT N** = metric tons of nitrogen



Footprints completed through 2021

- Commuting (faculty, staff,
- Direct Transportation (buses, etc)
- Purchased Electricity (T&D)
- On-Campus Stationary

COVID impact: much lower food and energy use in 2020 and 2021





**BAU** = Business as usual, projection if no changes are made **NAP** = Nitrogen Action Plan, proposal for meeting

NAP = Nitrogen Action Plan, proposal for meeting reduction goal
MT N = metric tons of nitrogen
Red Line = 30% reduction goal

- Food Production
   Wastewater (Food consumption)
- Fertilizer & Animals
- Commuting (faculty, staff, student)
- Direct Transportation (buses, etc)
- Purchased Electricity (T&D included)
- On-Campus Stationary

 Footprint to increase with university growth

 Need food and energy changes to reach goal



### Outreach

- Logo
- Instagram (@uvanitrogen)
- Collaboration with other UVA departments (housing, Sustainability Office)
- Laundry Project

#### IEFT



- Integrated Environmental Footprint Tool
- Calculates nitrogen, carbon, phosphorus, and water footprints
- Useful for determining cobenefits of N reduction

